

Radiance Pool User's Guide

Five Ways To Make Friends with Our Low-Chlorine Pool *and* the Texas Sun

Or... How to keep pool water clean and pool chemicals to a minimum, and pool operating costs—*and your membership fees*—to a minimum

1. **Shower off** before entering the pool. As you know, it is very important to rinse off hair-styling products, sweat and oils that may be on your body, and of course any sunscreen, sunblock or other lotions that haven't been fully absorbed by your skin. A foot-rinsing basin will be available to clean debris off your feet. **If everyone swims clean, the pool water will remain sanitary without requiring the use of extra chlorine.**
2. If you must use sunscreen, choose the water-resistant variety and **apply all sunscreen/sunblock 45-60 minutes before swimming, following the directions printed on the product label.** You will derive maximum protection from your sunscreen by giving it the time it requires to soak deep into your skin. **Then, please do shower before swimming to remove any remaining residues, no matter when you've applied your sunscreen.**
3. **Swim before 10 am or after 4 pm**, avoiding the sun's strongest rays. Limit your exposure during peak solar radiation time (10 am – 4 pm): set a timer, wear a hat and know what your skin's limit is.
4. **Invest in an "SPF" or "UPF" or "rash guard" shirt (originally used by surfers) specifically made for water use.** These are widely available from Lands End, Patagonia, REI, Body Glove, Target, SierraTradingPost.com (where one is listed for \$12.56 as of this writing!) and more. These shirts provide superior protection from the sun, never need to be reapplied as sunblock must, never lose effectiveness over time or have expiration date, are perfect for kids, require no waiting period to work and take mere seconds to put on compared to sunblock. Several serious swimmers with fair skin come to the Radiance Pool with these shirts on, and these shirts definitely shield them from the sun.
5. **Swim only in swimsuits, swim trunks, SPF shirts made for water use, etc.** Please avoid swimming in t-shirts, cotton shorts and/or street clothes that will shed lint and laundry product residues, which are perfect food for pool algae. Extra pool chemicals are always required to control this algae.

Our pool manager will be happy to answer any questions regarding this user's guide, or walk you through procedures herein.

With many thanks in advance for your help,

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